



Spring Aging Conference

June 9, 2016

9:00 am till 3:30 pm

**Southwestern Community College,
Burrell Building**

447 College Drive, Sylva, NC 28779

Hosted by:



AREA AGENCY ON AGING

125 Bonnie Lane
Phone: 828-586-1962

Sylva, NC 28779
Fax: 828-586-1968

Southwestern Commission
Area Agency on Aging
125 Bonnie Lane
Sylva, NC 28779

Detach and mail.

Registration – Please Print Legibly

Name: _____

Title: _____ Agency/Affiliation: _____

Are you a family caregiver? Yes No

If yes, do you need respite care for your loved one? Yes No

Phone #: _____ E-mail Address: _____

Mailing Address: _____

Suggested Registration Fee: \$25.00*

Make checks payable to Southwestern Commission.

Submit completed registration and payment* by June 1, 2016 to:

Mandy Thomas

Southwestern Commission Area Agency on Aging
125 Bonnie Lane, Sylva, NC 28779

Space is limited. Early registration is encouraged.

**We are offering a limited number of scholarships.*

To request a scholarship, contact sarajane@regionala.org or telephone 828-586-1962, ext. 220.

Who Should Attend?

You will benefit from attending this conference if you are:

- ❖ ... a professional, an advocate, a family caregiver, and/or a consumer.
- ❖ ... interested in understanding how organizations that provide critical services for seniors can survive in the face of reduced funding and escalating demand for services.
- ❖ ... interested in learning about and sharing best practices in aging services.

CEU's will be offered.

Registration Fee: \$25.00*

**A limited number of scholarships are available. Contact Sarajane Melton to request a scholarship.*

Respite care will be available. If you are a family caregiver, who needs respite for your loved one so you can attend the conference, please indicate your need on the Registration Form.



Agenda

- 9:00 AM Registration
- 9:30 AM Welcome & Opening Comments
- 9:45 AM NC Senior Tar Heel Legislature – Connie Southard, Swain County Delegate
- 10:15 AM Break & Transition
- 10:30 AM The Village People
- 11:00 AM “Alive Inside”
- 12:30 PM Lunch On Your Own
- 2:00 PM “Just Press Play: Awakening the Mind through Music” - Ruth Price
- 2:45 PM Q & A
- 3:30 PM Parting Shots & Awarding CEU Certificates

CEU's will be offered.

Suggested Registration Fee:

\$25.00

Keynote Speaker:



Ruth Price

Lead Regional Ombudsman,
Land of Sky Regional Council

Ruth has a degree in music therapy and has provided hands on services to individuals who are suffering from memory loss, depression, and physical challenges. Since the fall of 2013 Ruth has coordinated efforts of Just Press Play: Awakening the Mind through Music which is expanding individualized music offerings to residents in long-term care facilities. The project has raised \$4000 in funds and been gifted numerous iPods, iPhones and other related equipment. With the funds the Coalition has sponsored the showing of the documentary “Alive Inside,” hosted three workshops for long term care staff and community volunteers, and provided several grants.